
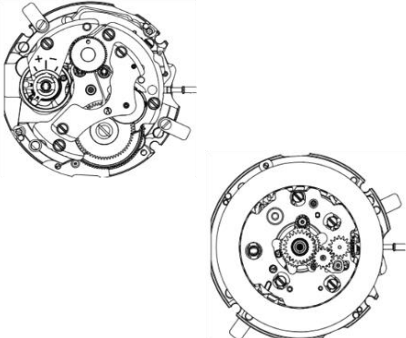
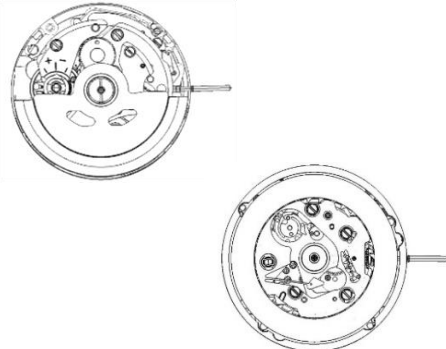



# PARTS LIST / TECHNICAL GUIDE

## Cal.6R54A/55A

### [SPECIFICATION]

Item		Cal. No.	6R54A	6R55A	
 •3 Hands (Hour, minute and second hand) + 24Hour hand •Calendar (Date : Date disk)					
 •3 Hands (Hour, minute and second hand) •Calendar (Date : Date disk)			Movement size		
			•Diameter      Outside : $\phi$ 27.4 mm Casing : $\phi$ 27.0 mm		
			•Height		
			5.225 mm	5.25 mm	
Driving system		Automatic winding with manual winding mechanism			
Additional function		•Instant date setting device •Second hand stop function			
Crown position	Normal position	Manual winding (clockwise only)			
	1st click position	Date setting (counter clockwise only)			
	2nd click position	Time setting /Second hand stop function			
Vibrations per hour		21,600 (6 beats per second)			
Loss/ Gain	Daily rate	Between -15 seconds and +25 seconds per day (worn on the wrist at temperature-range between 5°C and 35°C)			
	Standard rate for measurement		Instantaneous rate at T0 (Fully wound condition)		Isochronous fault
		Testing positions	Dial upward: T0 (CH)	6 o'clock at the top	9 o'clock at the top
	Measurement (daily rate in seconds:s/d)	$\pm 10$ s/d	$\pm 15$ s/d	$\pm 15$ s/d	$\pm 15$ s/d
Regulation system		ETACHRON system			
Lift angle of the escapement		53°			
Power reserve		From fully wound to stoppage: Approximately 72 hours			
Number of Jewels		24 Jewels			

SEIKO WATCH CORPORATION

## 6R5系 Outline Specifications (Difference from 6R35)

### Components

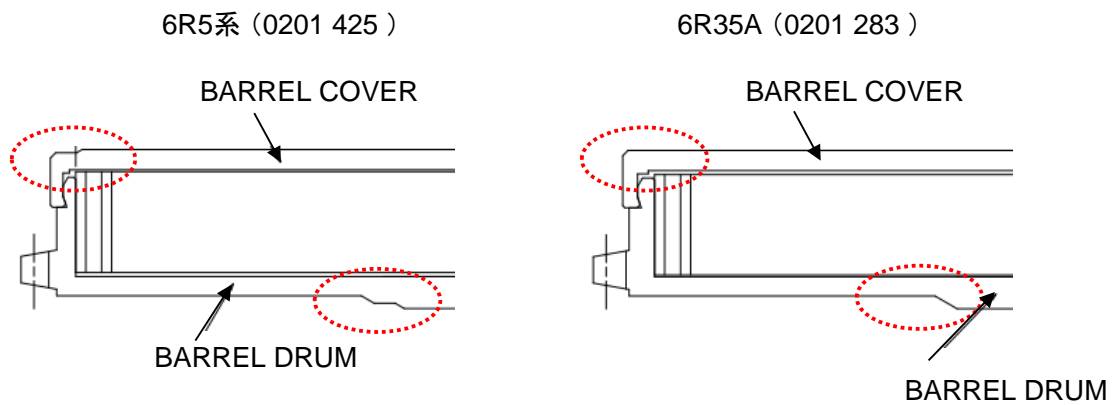
The following parts are different between the 6R5 series and 6R35A. Other parts are common.

CAL	No.	Parts name	6R5系	6R35A
6R54	(57)	MAIN PLATE WITH LOWER		
6R55	(53)	SHOCKABSORBING FRAME	0104 425	0104 165
6R54	(43)	BARREL COMPLETE (WITH MAIN SPRING)		
6R55	(39)		0201 425	0201 283

### BARREL COMPLETE Identification

The shape of the barrel and barrel lid differs between 6R55A and 6R35A.

Identification is made in the following part.



# PARTS LIST

Cal.6R55

Type of oil



AO-3 (Moebius A)



AO-G09a (S-6)

Oil quantity mark

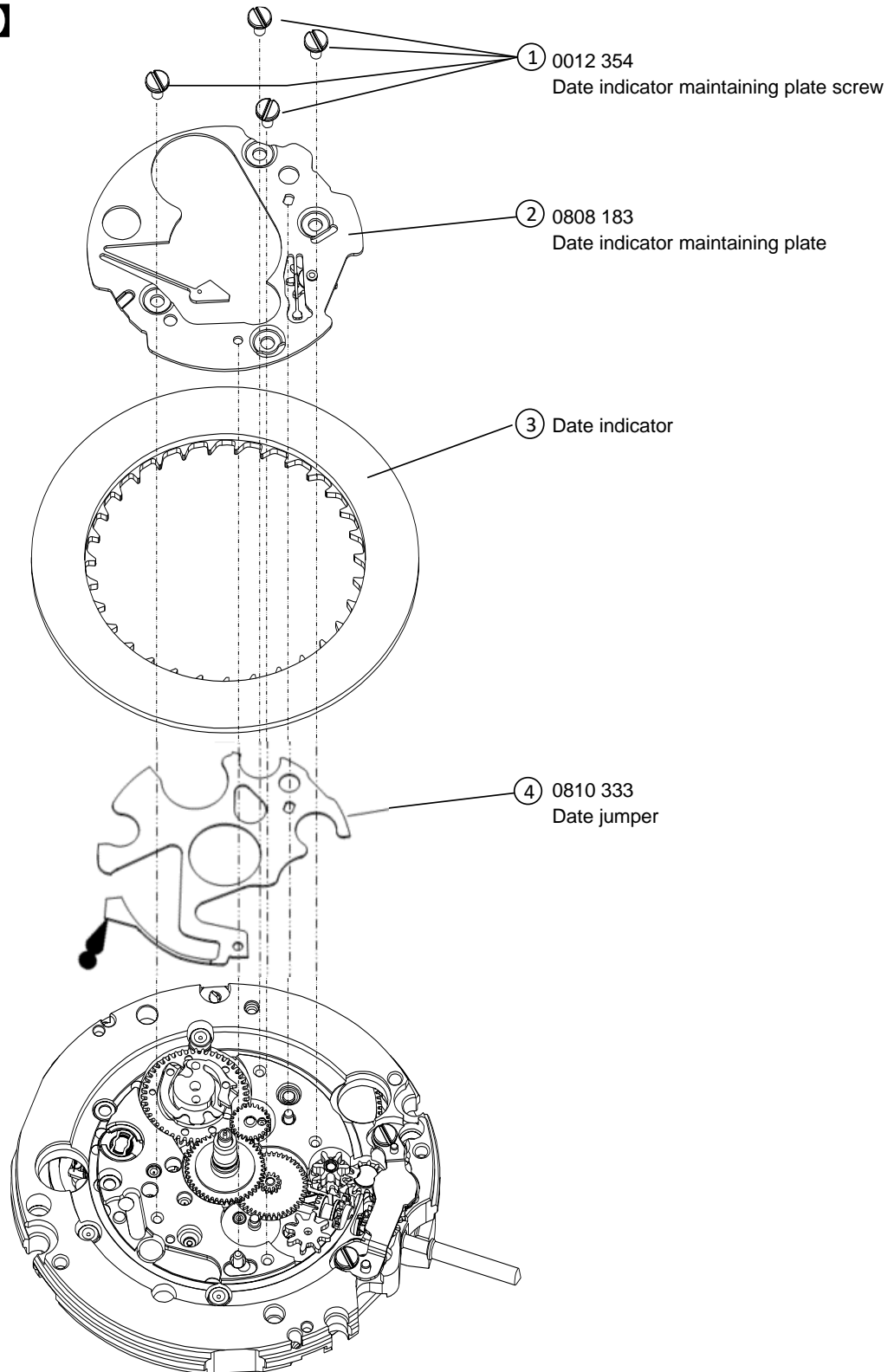


NORMAL QUANTITY



SUFFICIENT QUANTITY


## 【6R55A】




# PARTS LIST



Cal.6R55

Type of oil

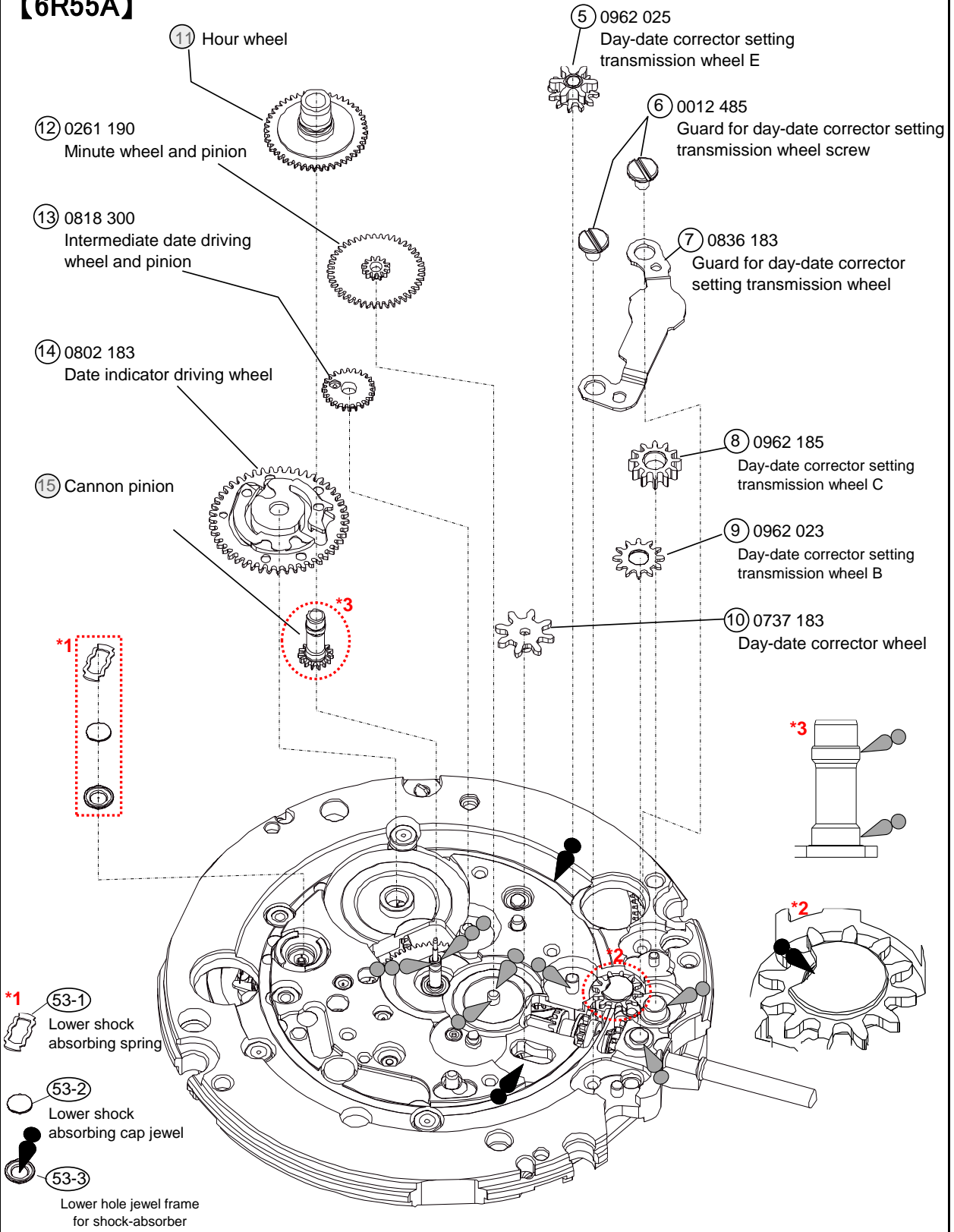
 AO-3 (Moebius A)


 AO-G09a (S-6)

Oil quantity mark

 NORMAL QUANTITY  
 SUFFICIENT QUANTITY

## 【6R55A】



 For parts marked , refer to the notes in the parts catalog.

# PARTS LIST

Cal.6R55

Type of oil



AO-3 (Moebius A)



AO-G09a (S-6)

Oil quantity mark



NORMAL QUANTITY



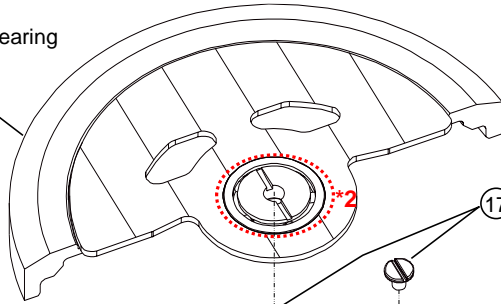
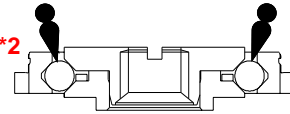
SUFFICIENT QUANTITY

## 【6R55A】

①⑥ Oscillating weight with ball bearing

\*Refer to page 10 for setting position.

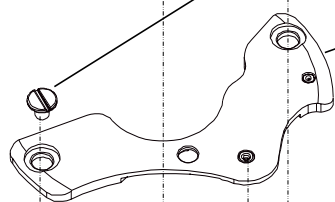
\*2



①⑦ 0012 354  
Automatic train bridge screw

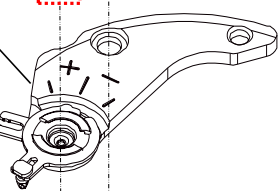
②② 0012 100  
Balance bridge screw

①⑧ 0191 183  
Automatic train bridge



②③ 0171 354  
Balance cock

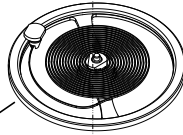
①⑨ 0514 183  
Second reduction wheel and pinion



②⑩ 0012 919  
Ratchet wheel screw

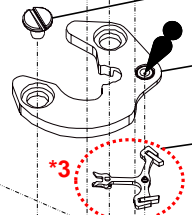
whole tooth

②⑪ 0285 051  
Ratchet wheel



②④ 0310 283  
Balance complete with stud

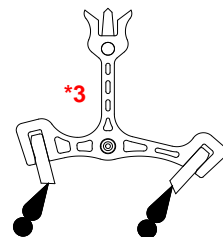
②⑤ 0012 354  
Pallet bridge screw



②⑥ 0161 300  
Pallet bridge

②⑦ 0301 284  
Pallet fork

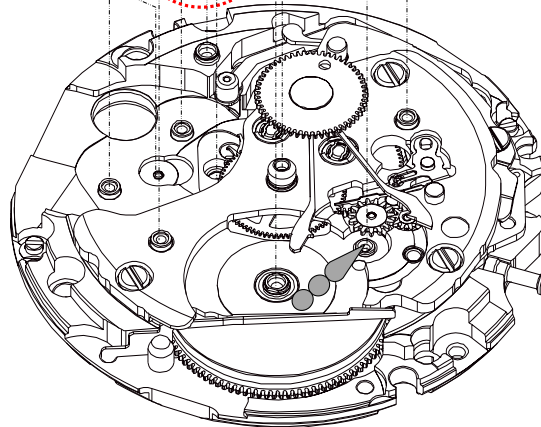
\*3



\*1  
②③-1 Upper shock absorbing spring

②③-2 Upper shock absorbing cap jewel

②③-3 Upper hole jewel frame for shock-absorber



● For parts marked , refer to the notes in the parts catalog.

# PARTS LIST

Cal.6R55

Type of oil

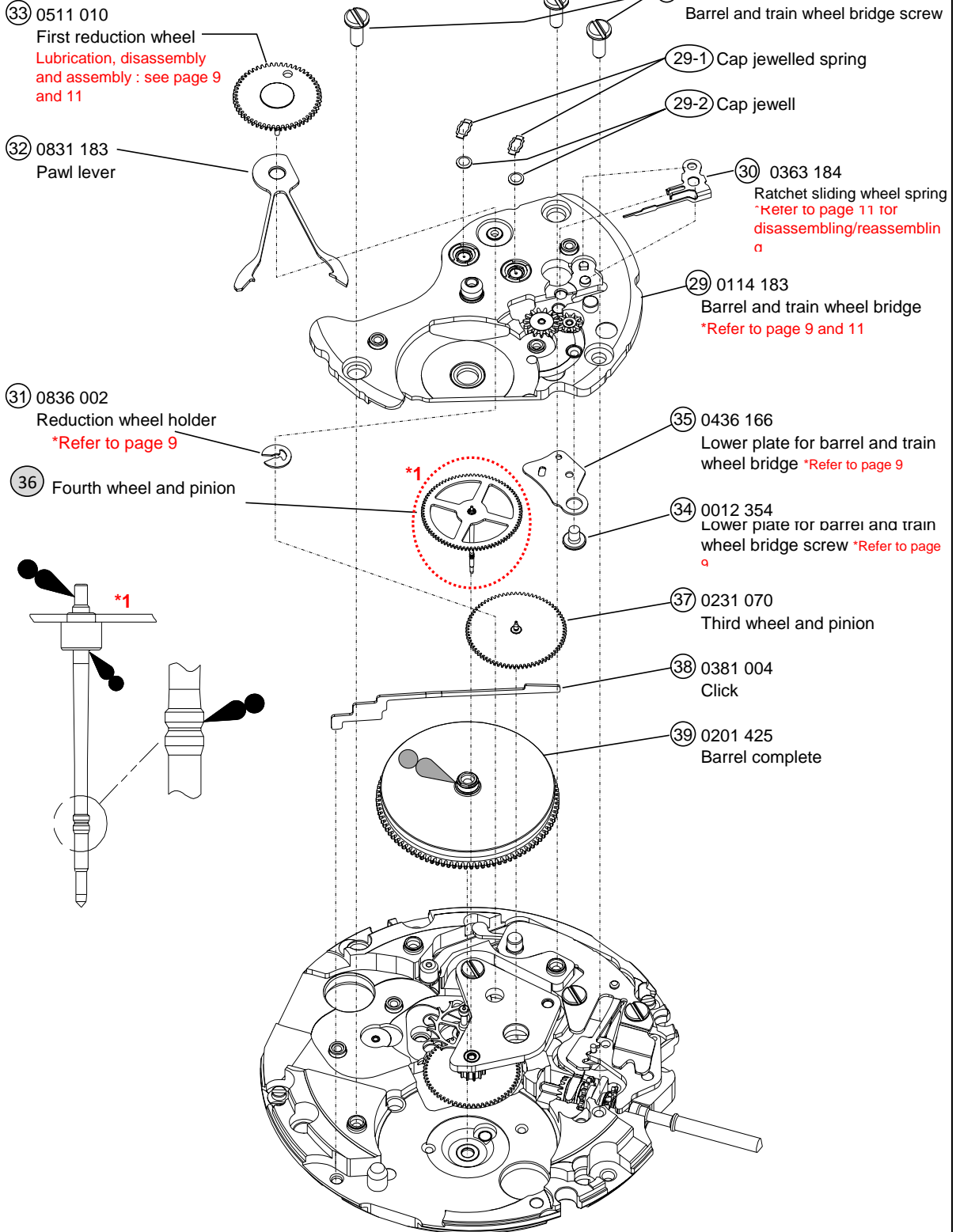
AO-3 (Moebius A)

AO-G09a (S-6)

Oil quantity mark

NORMAL QUANTITY  
SUFFICIENT QUANTITY

## 【6R55A】



● For parts marked , refer to the notes in the parts catalog.

# PARTS LIST

Cal.6R55

Type of oil



AO-3 (Moebius A)



AO-G09a (S-6)

Oil quantity mark

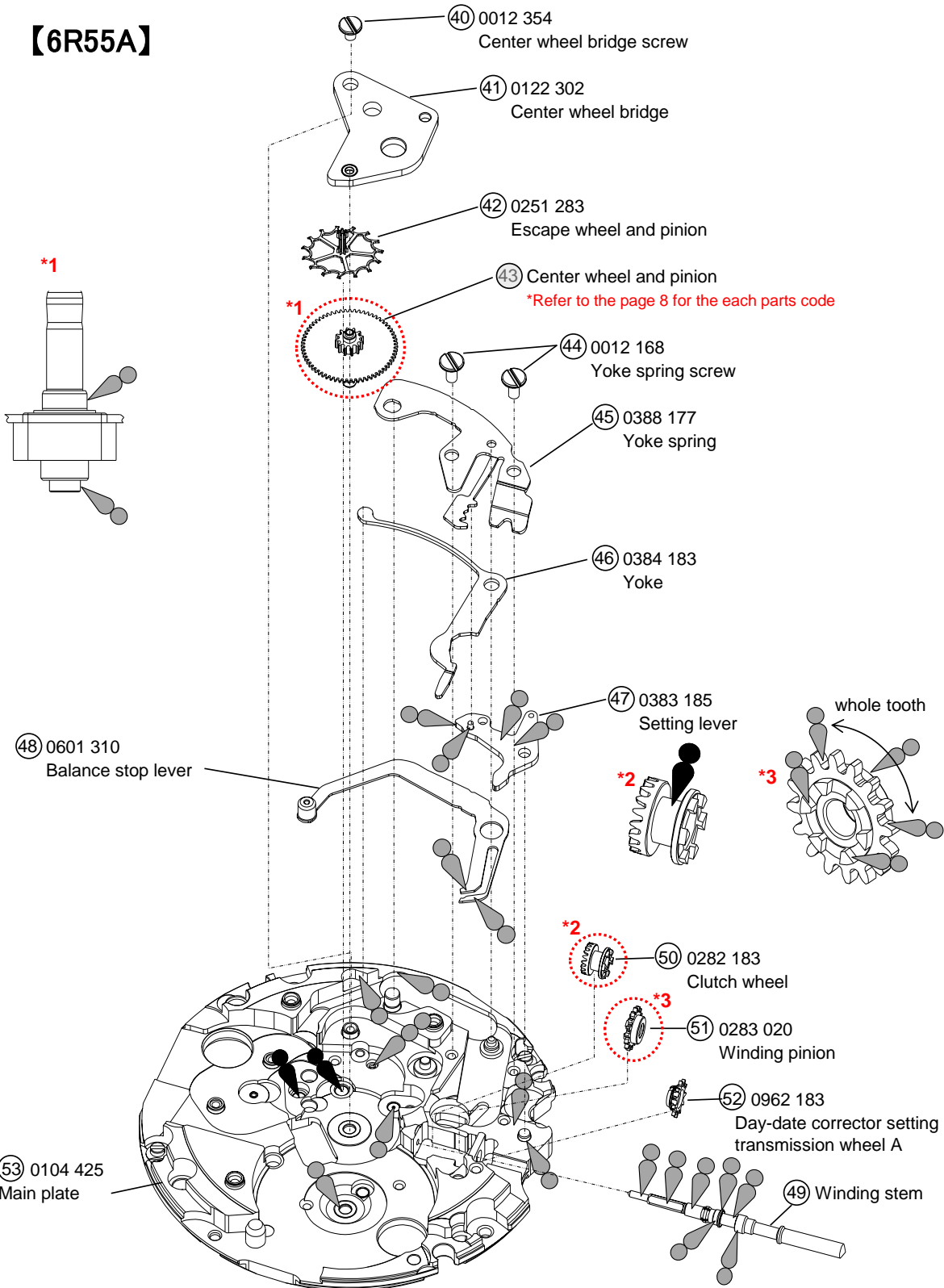


NORMAL QUANTITY



SUFFICIENT QUANTITY

## 【6R55A】

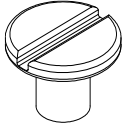

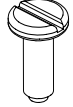
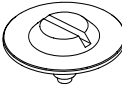
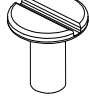


● For parts marked , refer to the notes in the parts catalog.

# PARTS LIST

Cal.6R55

## ● PERSPECTIVE VIEW OF THE SCREW PARTS

Parts No	Name	Parts No	Name	Parts No	Name	
0012 354 	① Date indicator maintaining plate screw (x4)	0012 485 	⑥ Guard for day-date corrector setting transmission wheel screw (x2)	0012 100 	②② Balance bridge screw	
	①⑦ Automatic train wheel bridge screw (x2)					②⑧ Barrel and train wheel bridge screw (x3)
	②⑤ Pallet bridge screw (x2)	0012 919 	②⑩ Ratchet wheel screw	0012 168 	④④ Yoke spring screw (x2)	
	③④ Lower plate for barrel and train wheel bridge screw					
	④⑩ Center wheel bridge screw					

## ● LOCATION OF THE JEWELS

	Upper		Lower	
	Hole Jewel	Cap Jewel	Hole Jewel	Cap Jewel
Barrel complete			○	
Center wheel & pinion	○		○	
Forth wheel & pinion	○			
Third wheel & pinion	○	○	○	
Escape wheel & pinion	○	○	○	
Pallet fork	○		○	
Balance	○	○	○	○
Crown wheel	○			
First reduction wheel & arbor	○		○	
Second reduction wheel & pinion	○		○	
Pallet fork (entry pallet)			○	
Pallet fork (exit pallet)			○	
Balance (roller jewel)			○	
Total			24 jewels	

### Remarks

The correct parts for the following are determined based on the design of the cases.  
Refer to "SEIKO Watch Parts Catalogue (SEIKO WATCH SERVICE SITE)" to choose corresponding parts.


- Holding ring for dial
- Date indicator
- Winding stem
- Oscillating weight with ball bearing




# TECHNICAL GUIDE

Cal.6R55

Type of oil

 AO-3 (Moebius A)

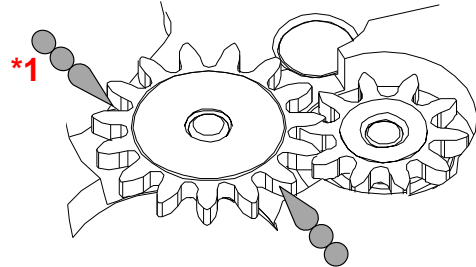
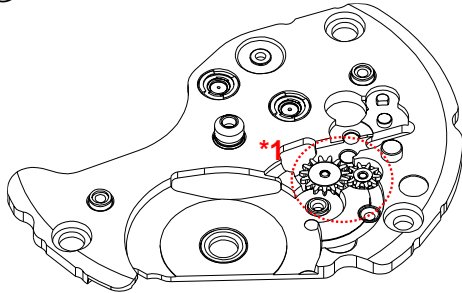
 AO-G09a (S-6)

Oil quantity mark

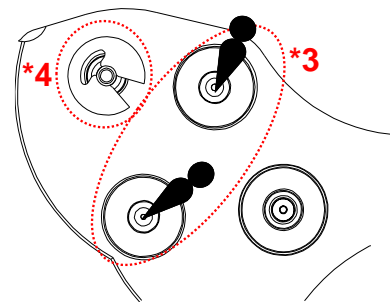
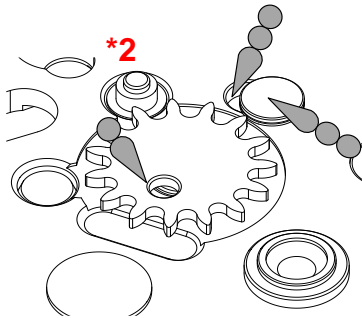
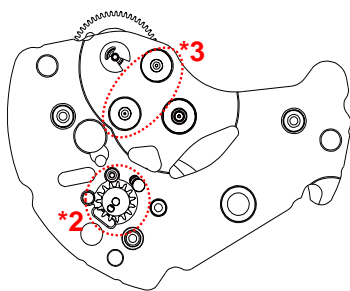
 NORMAL QUANTITY  
 SUFFICIENT QUANTITY

## 1. Oiling spot

(29) Barrel and train wheel bridge

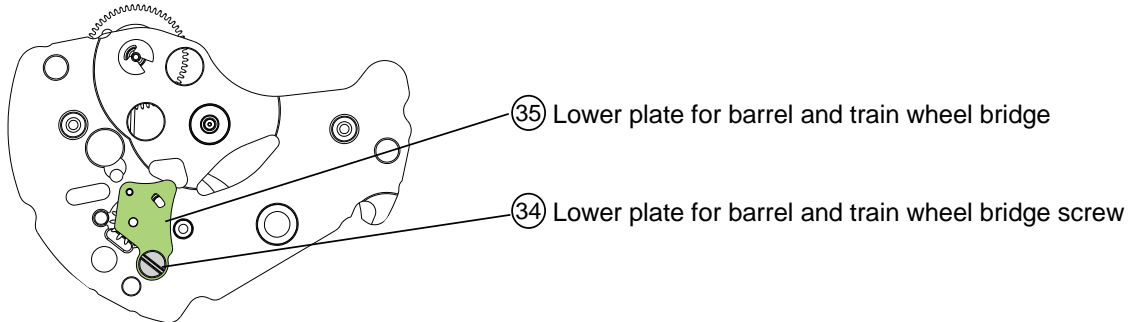


Barrel and train wheel bridge (back side)



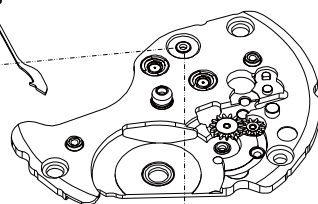
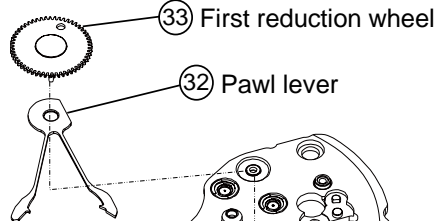
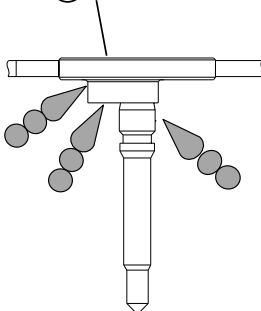
Note

**\*2** After oiling, set lower plate for barrel and train wheel bridge & screw.



**\*4** After oiling, set first reduction wheel & pawl lever & reduction wheel holder.

(33) First reduction wheel



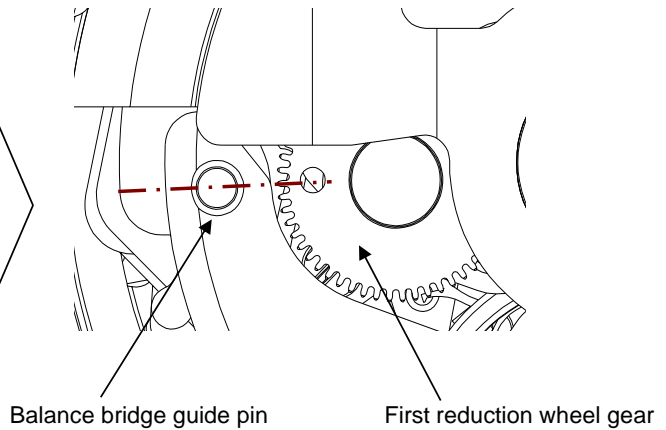
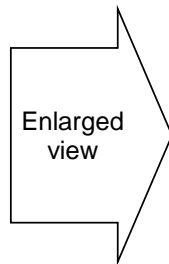
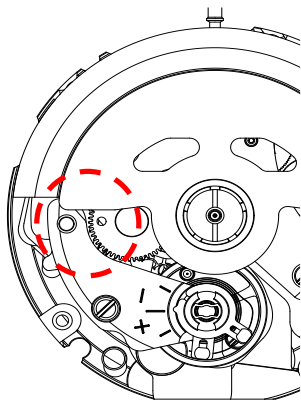
※Use AO-G09a or S-4.

(31) Reduction wheel holder

## 2. Setting position of oscillating weight

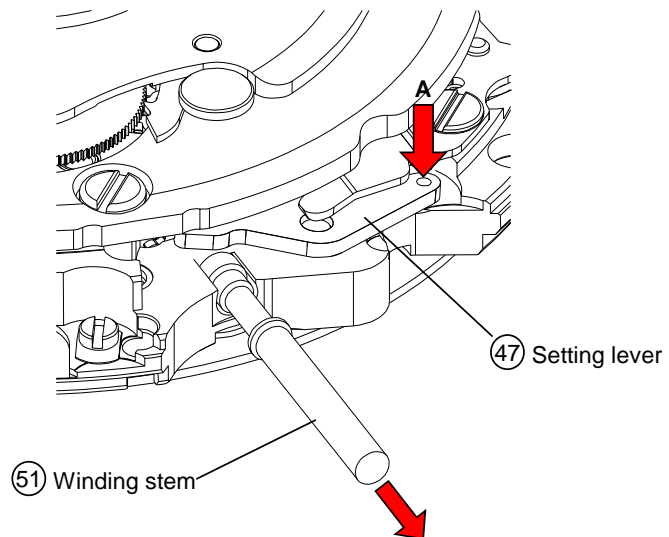
• Before assembling oscillating weight.

Match the center of the oscillating weight and winding stem. Set the hole of first reduction wheel gear on the imaginary line toward the balance bridge guide pin.



## 3. To remove the winding stem

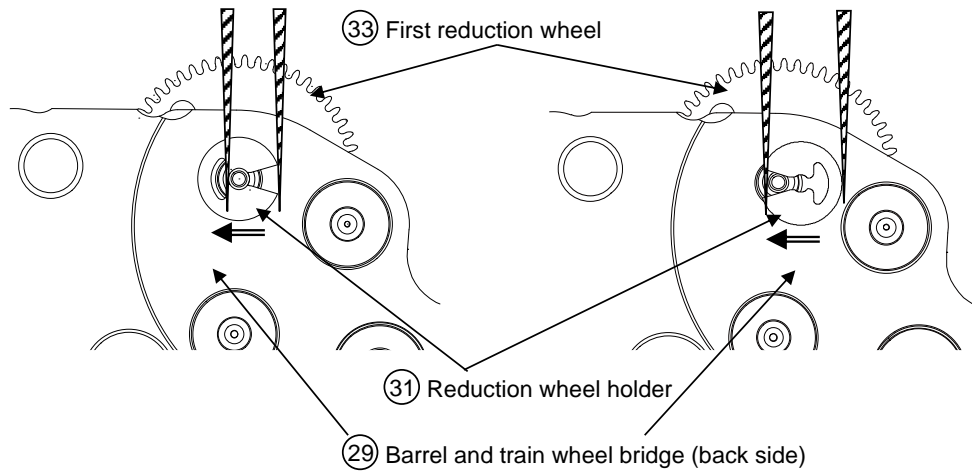
- 1) Set the winding stem to normal position.
- 2) Pull out the winding stem, while pushing "A"



## 4. Disassembling / assembling of the First reduction wheel

<< Disassembling >>

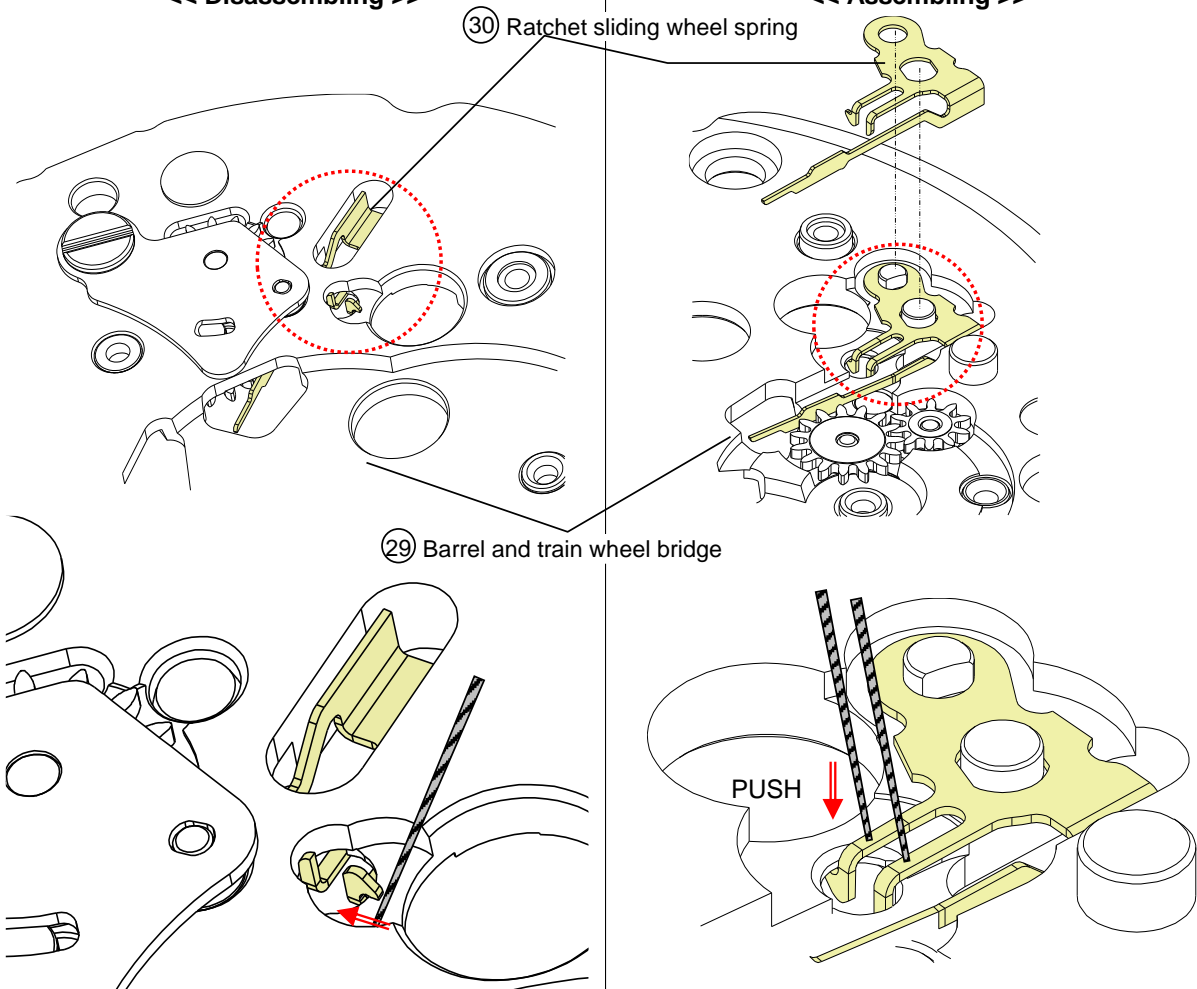
<< Assembling >>



## 5. Disassembling / assembling of the Ratchet sliding wheel spring.

<< Disassembling >>

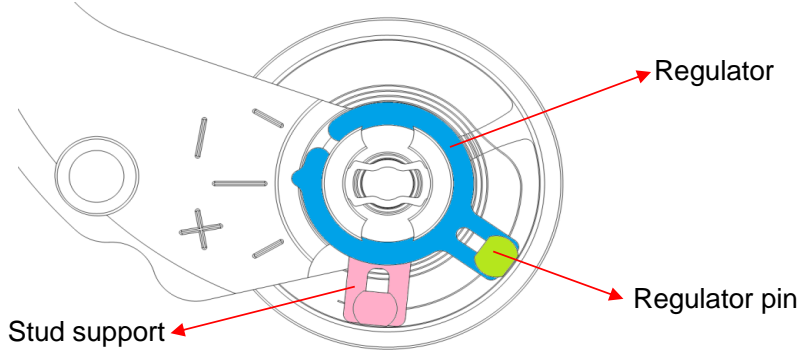
<< Assembling >>



Remove the hook of the ratchet sliding wheel spring from barrel and train wheel bridge.

Set the part to the Barrel and train wheel bridge and push the hook from the top with tweezers so that it will be engaged securely.

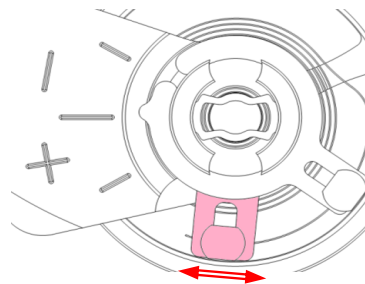
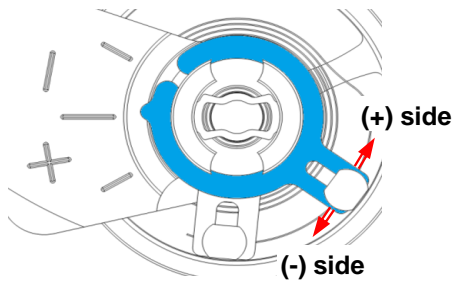
## 6.Accuracy adjustment



**Note:**

•Regulator ... Time adjustment

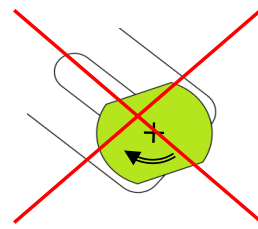
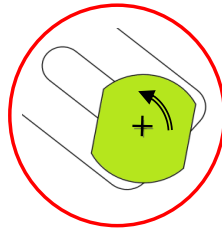
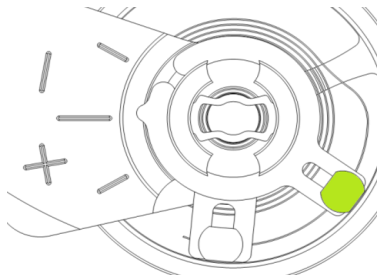
•Stud support ... Beat error adjustment



•Regulator pin ... Gap adjustment of balance spring and regulator pin

Anticlockwise rotation

No clockwise rotation



## 7.To wind up the mainspring

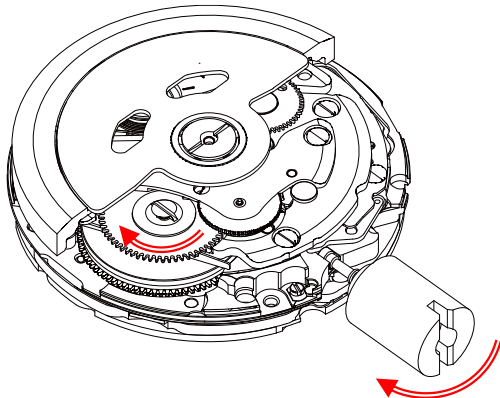
<<Movement>>

The mainspring would be fully wound up by turning the ratchet wheel screw **11 times** clockwise. (Manual winding or Screwdriver)

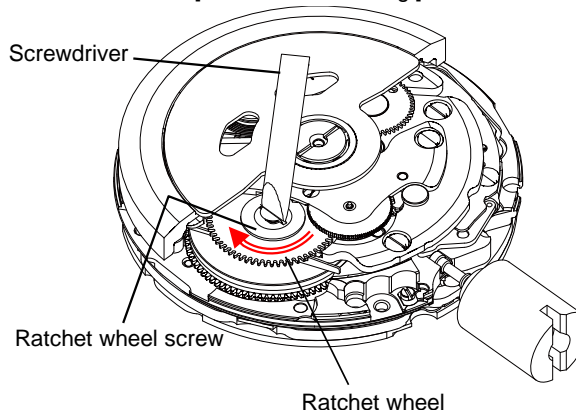
Manual winding ... Rotate crown clockwise at normal position by minimum **65 times**. (Equal to ratchet wheel screw 11 times )

Screwdriver winding ... Turn the ratchet wheel screw **11 times** clockwise.

[ Manual winding ]



[ Screwdriver winding ]



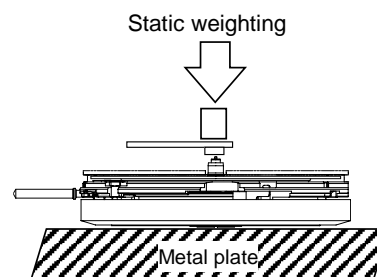
## 8.How to attach hands

Place the movement directly on a flat metal plate or something similar to attach the hands.

We recommend the use of movement holder to attach hands.

For hands attachment, please use a special equipment.

When the movement receives a strong shock, it may be damaged.



## 9.Accuracy measurement condition

Static Accuracy : -15~+25 seconds per day

Measurement Conditions

- 1) Measurement should be done within 10~60 minutes after fully wound up.
- 2) Lift angle : 53 deg
- 3) Measurement position : (1) Dial up (2) 9 o'clock up (3) 6 o'clock up
- 4) Minimum measurement Time : 60 seconds
- 5) Stabilizing Time :

Leave the watch for at least 60 seconds to stabilize after you change its measurement position.