
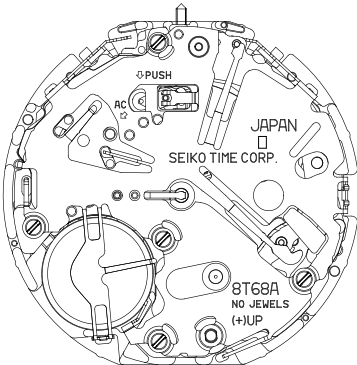
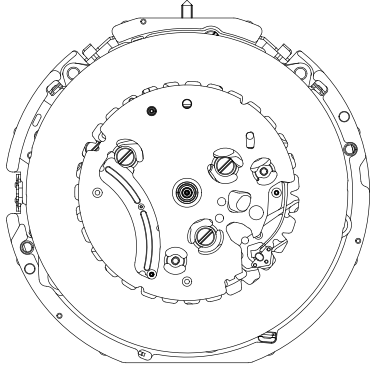


PARTS CATALOGUE / TECHNICAL GUIDE

Cal.8T68A

Cal. No.		8T68A	
Item			
		 	
<ul style="list-style-type: none"> • 3 Hands: Hour, Minute, and 1/5 second chronograph hand • Small Second : Small second hand(6H), Minute chronograph hand (10H), and 24-hour indicator(2H) 		Movement Size <ul style="list-style-type: none"> • Outside diameter: 30.8 mm • Casing diameter 29.0 mm • Height: 5.1 mm 	
Driving system		Step motor 2 pieces	
Additional function		<ul style="list-style-type: none"> • Stopwatch function up to 60 minutes in 1/5 second • Date display with quick correction. • Energy depletion forwarding function (The second hand moves at two-second intervals.) 	
Crown operation	Normal position	Free	
	1st click position	Date setting (clockwise)	
	2nd click position	Time setting, Resetting the circuit	
Loss/Gain (Monthly rate)		Less than 15 seconds at normal temperature range	
Frequency of crystal oscillator		32,768 Hz	
Operational temperature range		-5°C ~ +50°C	
Regulation system		Nil	
Gate time for rate measurement		Use 10-second gate	
Current consumption		<ul style="list-style-type: none"> • Movement: Less than 2.7μA • Circuit block: Less than 0.7μA 	
Coil resistance		<ul style="list-style-type: none"> • 4002054 (Coil block A): 1.45 - 1.65KΩ • 4002055 (Coil block B): 1.65 - 1.85KΩ 	
Power supply	Battery No.	SR936SW (Silver oxide battery)	
	Battery voltage	1.55V	
	Battery life	Approximately 3 years	
Jewels		0 jewel	

SEIKO WATCH CORPORATION

Disassembling procedures Figs. ① → ⑥①

Reassembling procedures Figs. ⑥① → ①

Type of oil

● AO-3(Moebius A)

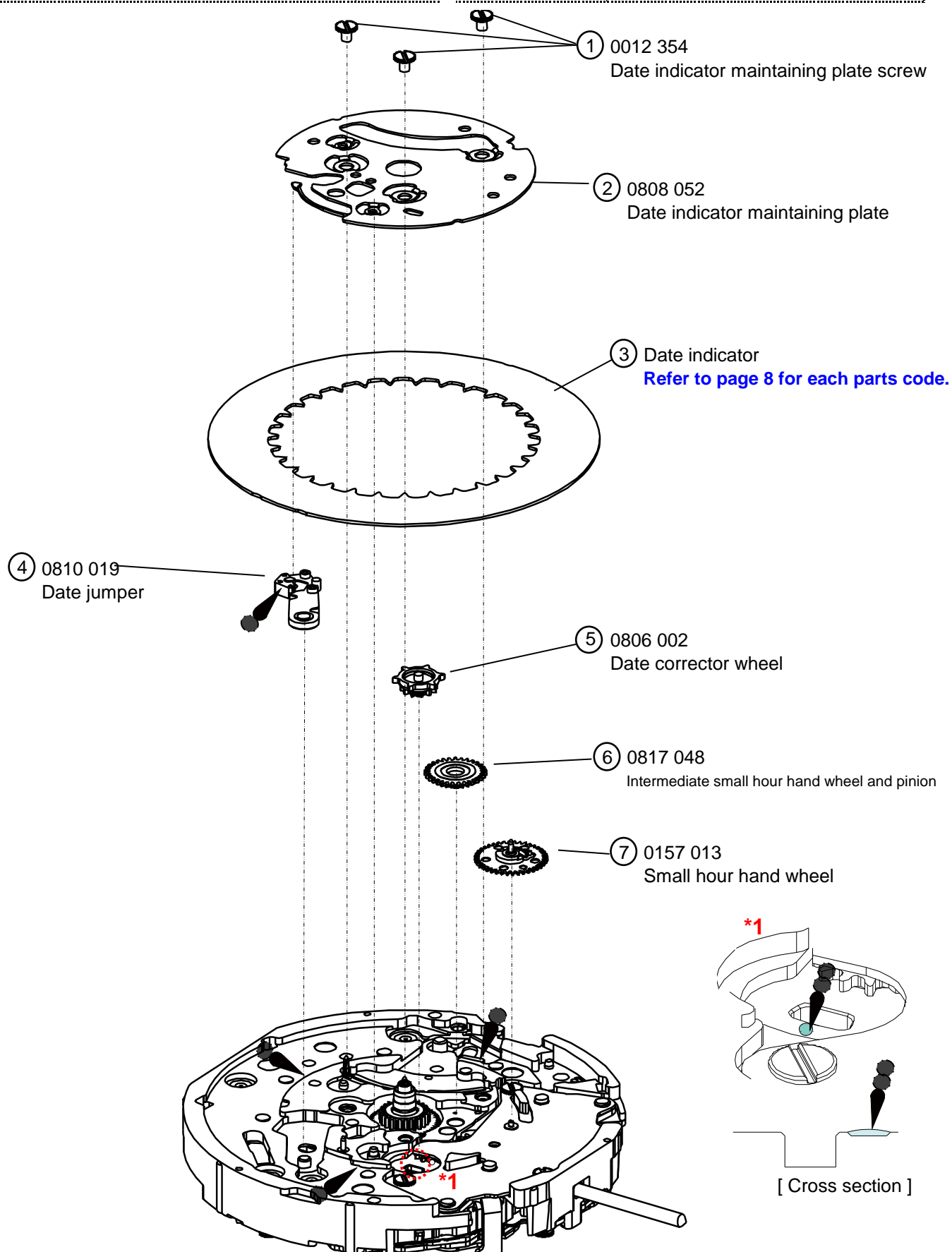
● AO-2(Moebius F)

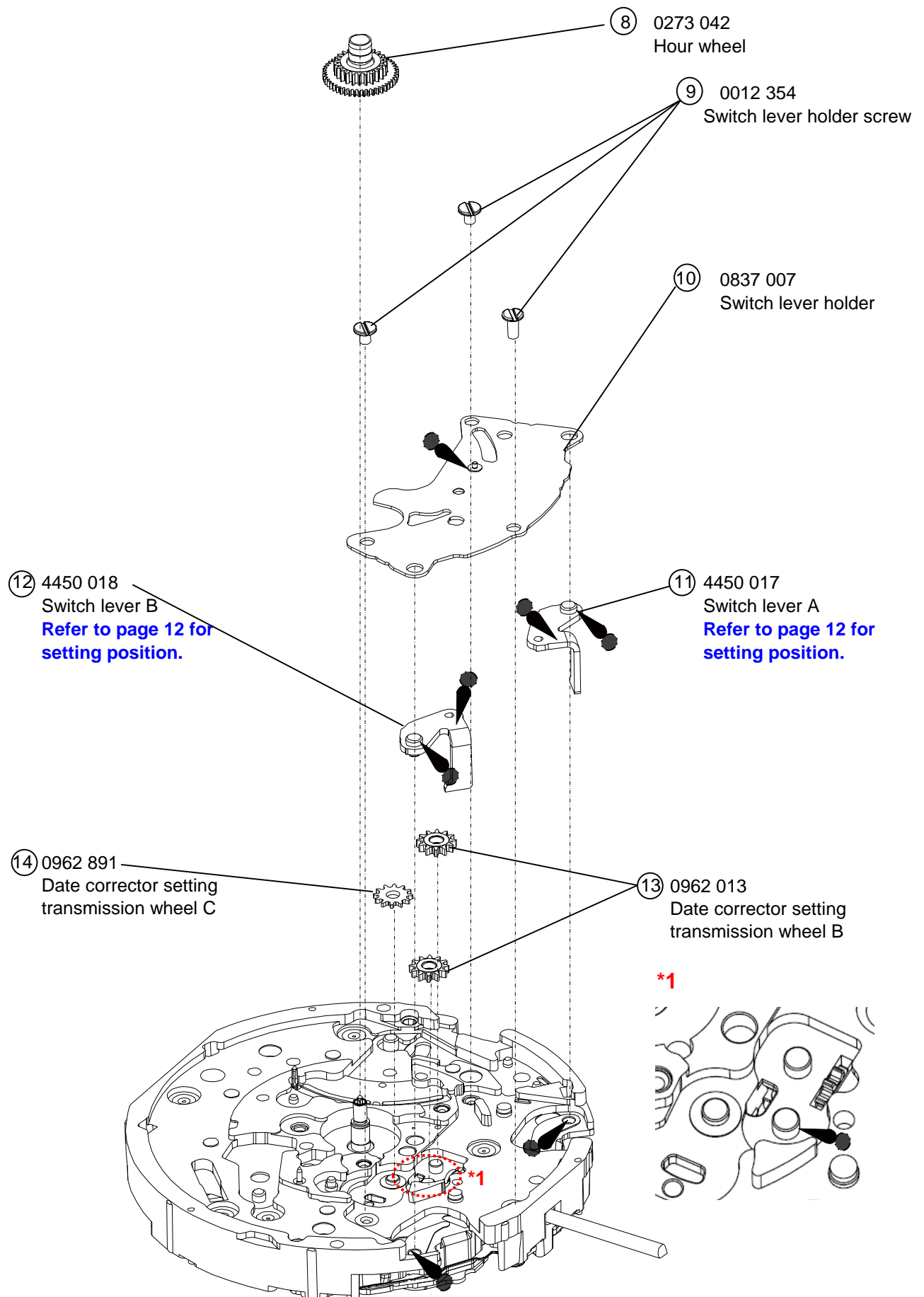
● S-6

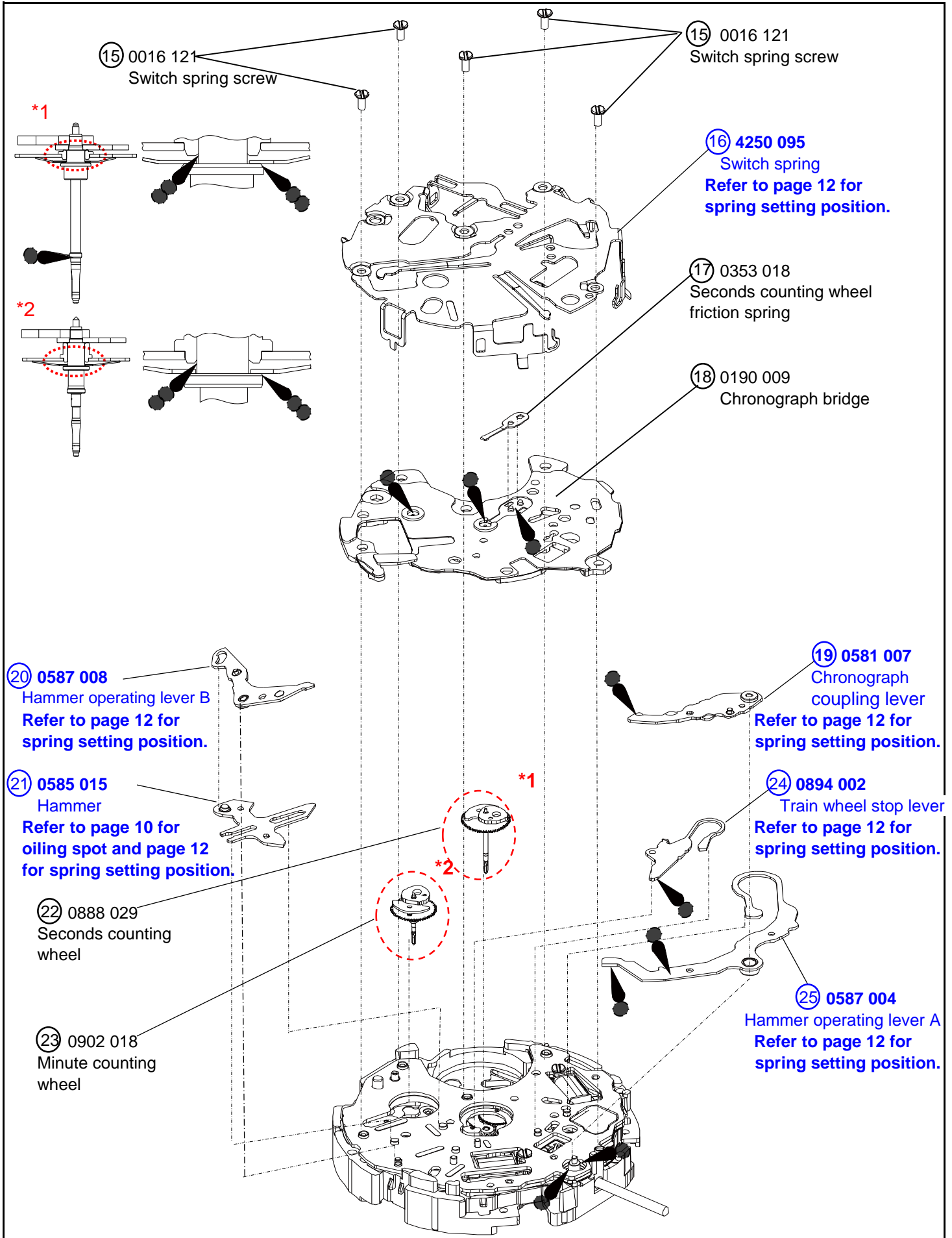
Oil quantity mark

● NORMAL QUANTITY

● SUFFICIENT QUANTITY







(27) 0186 004

Lower plate for chronograph bridge
Refer to page 10 for
oiling spot.

(26) 0016 121

Lower plate for chronograph bridge screw

(28) 4408 149

Circuit block spacer

(29) 4004 353

Circuit block

(30) 4270 336

Battery connection (-)

(37) 0012 354

Coil block screw

(38) 4002 054

Coil block A

(39) 4146 063

Step rotor

(40) 4239 063

Stator A

(31) 0125 319

Train wheel bridge

***(32)~(36)**

Refer to page 9 for assembling
of chronograph wheel.

(32) 0886 007*

Minute counter intermediate
wheel C

(33) 0886 006*

Minute counter intermediate
wheel B

(34) 0885 003*

Seconds counter
intermediate
wheel and pinion

(35) 0886 004*

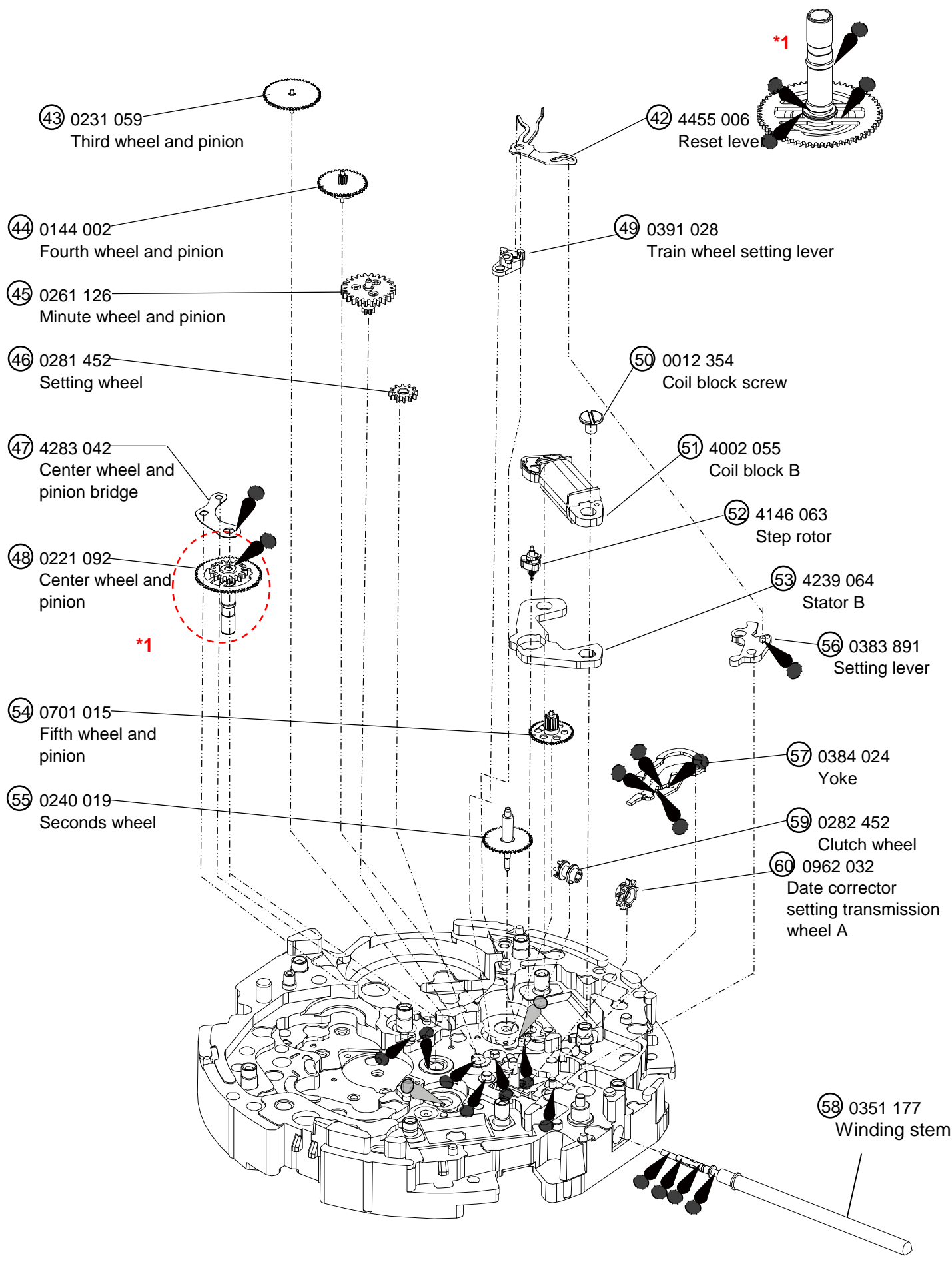
Counter intermediate
wheel and pinion

(36) 0886 005*

Minute counter intermediate
wheel and pinion A

(41) 0701 015

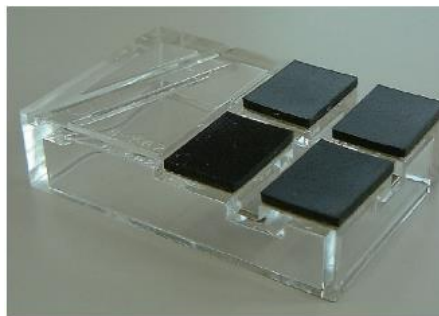
Fifth wheel and pinion



● Tools and consumables required for disassembling/reassembling

• Movement Holder

UNIVERSAL MOVEMENT HOLDER (S-682)



• Watch oils

SEIKO watch oil AO-2, AO-3 and S-6

AO-2



AO-3



S-6



Remarks:

● Date indicator

Parts code	Crown position	Date position	Color of figure	Color of background
0878 328	3H	4.5H	Black	White
0878 329	3H	4.5H	White	Black

*** All parts code are subject to change without notice.**

REMARKS ON DISASSEMBLING AND REASSEMBLING THE MOVEMENT

● How to assemble chronograph wheel

There is a mark on parts. Parts are set in order of the mark as shown in the table below.

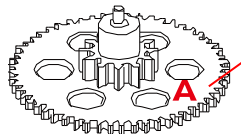
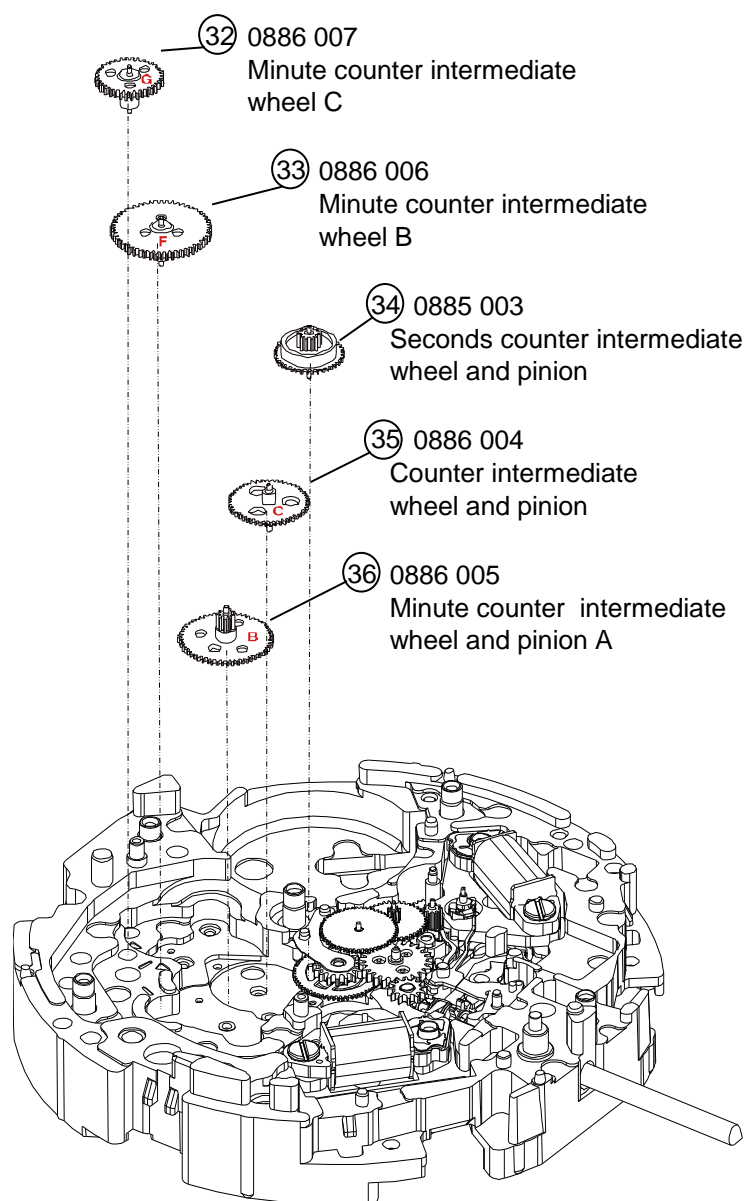


Image example of the mark




Mark	Parts name
B	(36) Minute counter intermediate wheel and pinion A
C	(35) Counter intermediate wheel and pinion
Nil	(34) Seconds counter intermediate wheel and pinion
F	(33) Minute counter intermediate wheel B
G	(32) Minute counter intermediate wheel C





*Mark positions, and sizes, etc. are different.

SEIKO WATCH CORPORATION

Type of oil

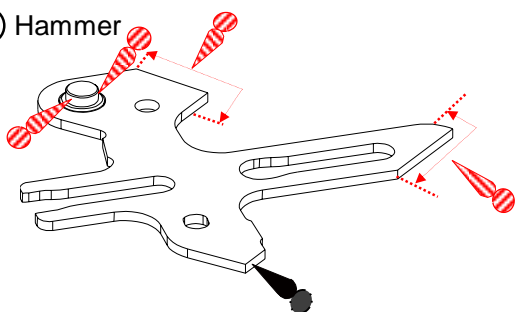
-  AO-3(Moebius A)
-  AO-2(Moebius F)
-  S-6

Oil quantity mark

-  NORMAL QUANTITY
-  SUFFICIENT QUANTITY

● Remarks for the lubrication

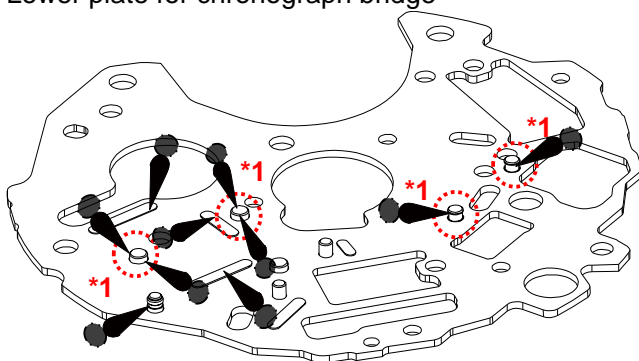
②1 Hammer



Note:

There must be oil within the range of the arrow.

②7 Lower plate for chronograph bridge

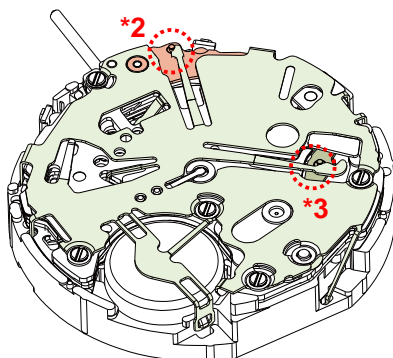


Note:

*1: Lubricate on the pointed spot.

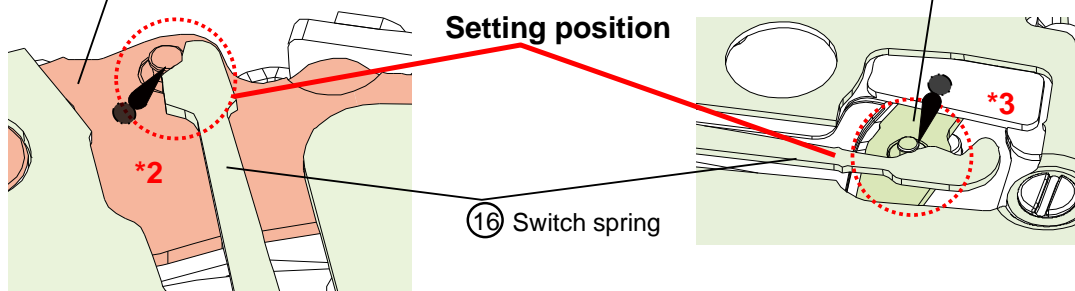
①6 Switch spring

Oiling spot and spring setting position are below;



①9 Chronograph coupling lever

②0 Hammer operating lever B

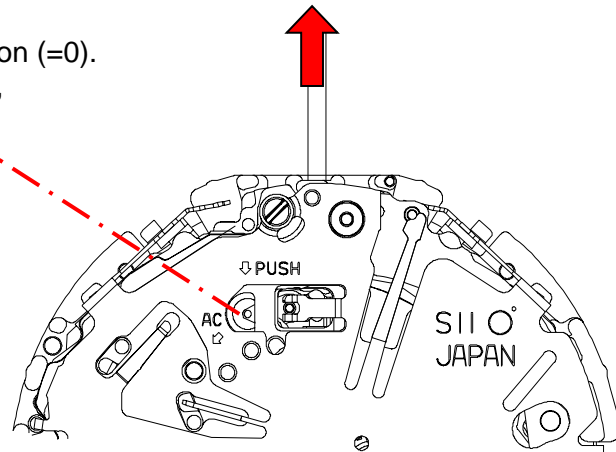


*Lubricate on the contact spot of the spring and the pin.

● How to remove the Winding Stem

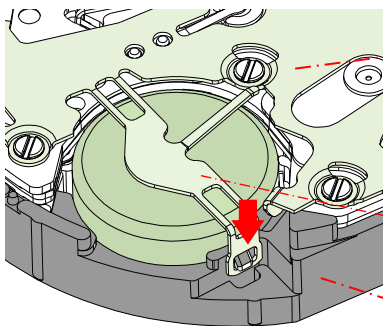
- 1) Set the winding stem to normal position (=0).
- 2) Pull out the Crown with winding stem, while pushing "A" carefully.

Push "A"



● How to remove or install the Battery

- 1) Remove the hook of the Switch Spring's Battery Clamp as illustrated in the drawing 1).
- 2) Insert the battery sideways as illustrated in the drawing 2), and have the hook of the Switch Spring's Battery Clamp catch the main plate.

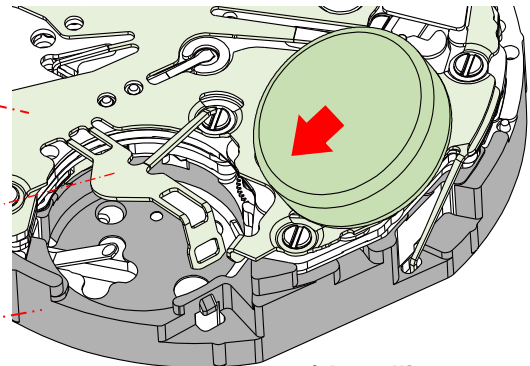


1) Removing

①⑥ Switch spring

Battery clamp

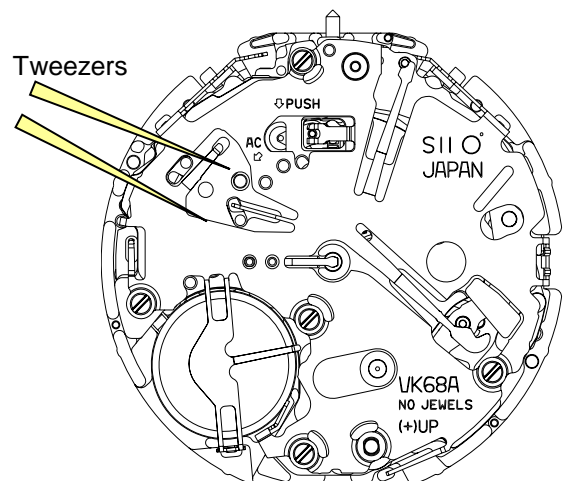
Main plate



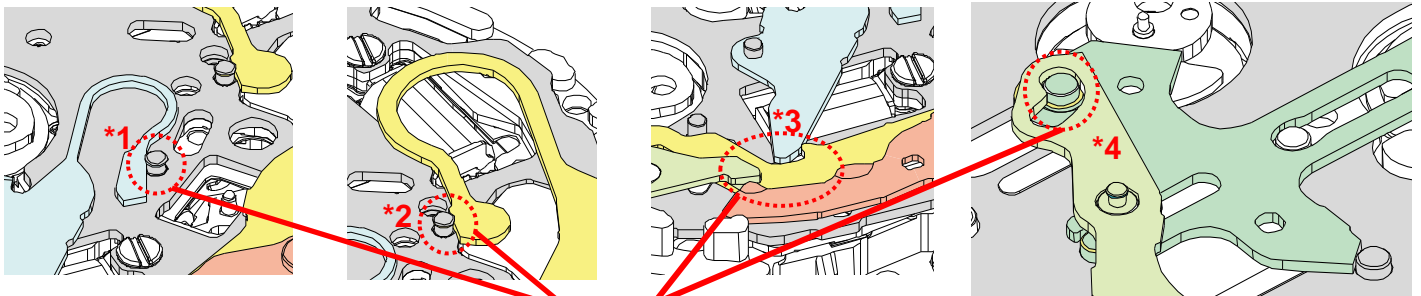
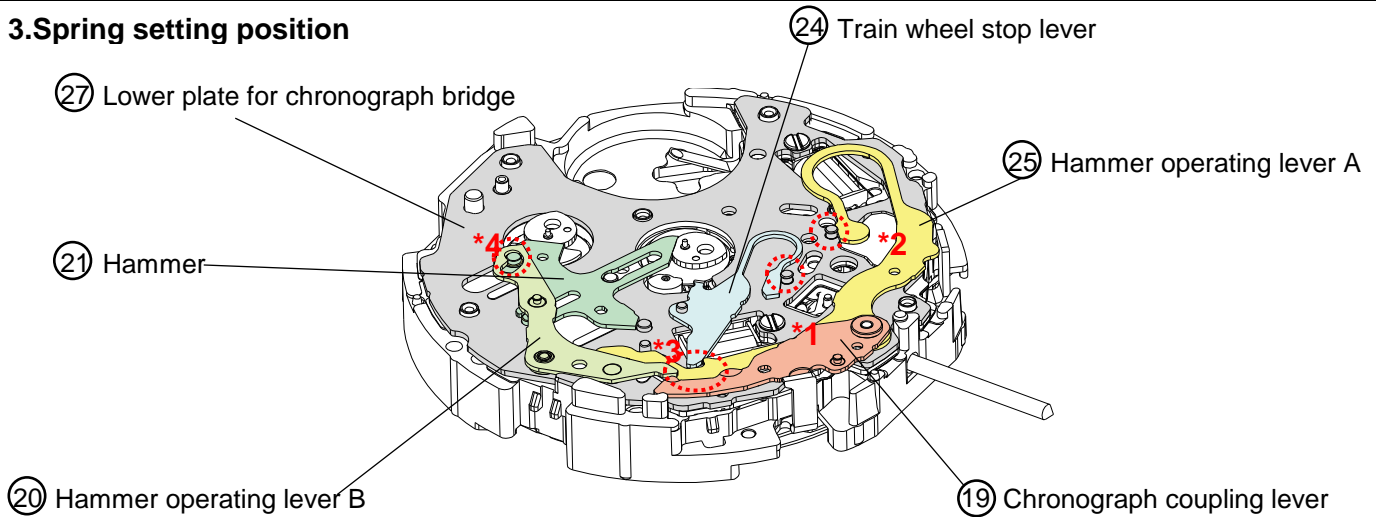
2) Installing

● Remarks on installing the Battery

After replacing the battery with a new one, or reinstalling, be sure to touch the AC terminal of circuit block and the switch spring with conductive tweezers to reset the circuit as illustrated.

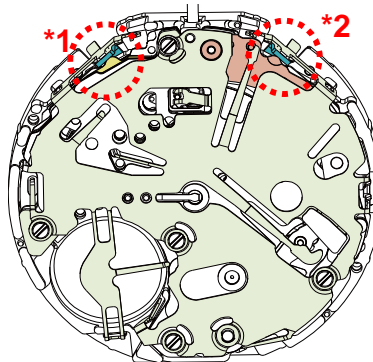


3.Spring setting position

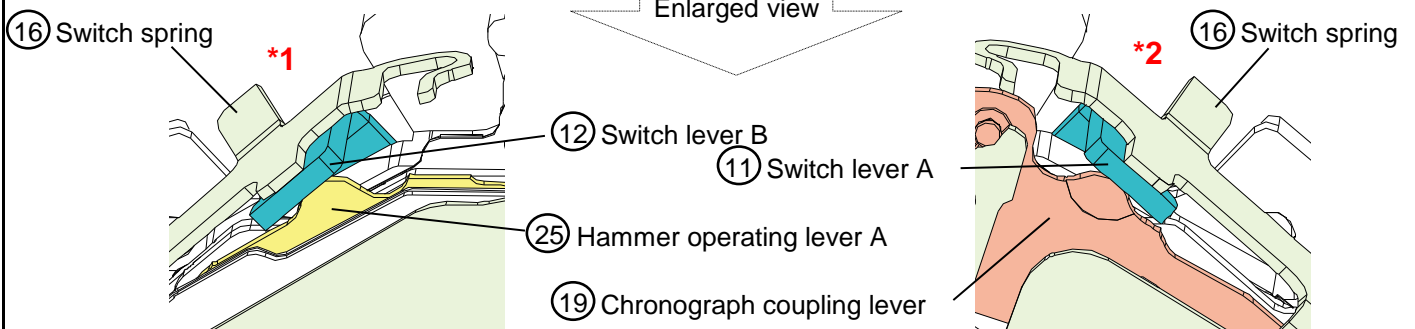


Setting position

4.Switch lever A and B setting position



Enlarged view



Switch lever B is set between the switch spring and hammer operating lever A .

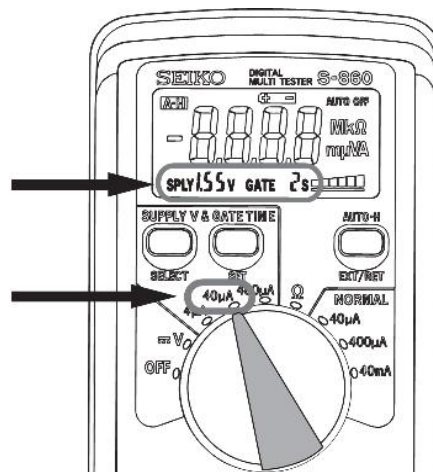
Switch lever A is set between the switch spring and chronograph coupling lever.

REMARKS ON INSPECTION AND MEASUREMENT

● How to measure the current consumption for the whole movement

1. To measure the current consumption for the whole movement, connect the (-) probe to the battery connection (-) and (+) probe to the other metal part of the movement, such as battery clamp or circuit block cover.

* When measuring the current consumption using the SEIKO digital multi-tester (S-860), use the range of 40 μ A of SUPPLY V (= 1.55 V) & GATE TIME (2 S).

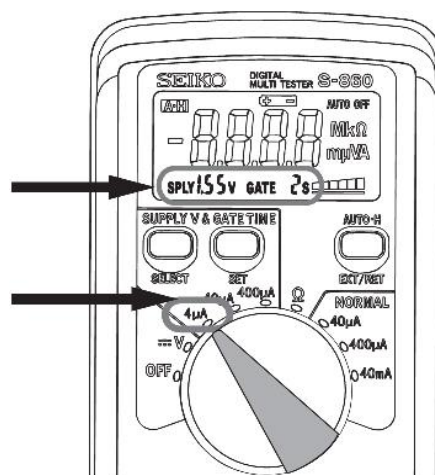


2. Connect the AC component to the positive terminal for 2 seconds until a short circuit occurs to reset the integrated circuit.
3. After the integrated circuit is reset, wait approximately for 10 seconds until a stable measurement is obtained, and then read the measurement.
4. Make sure the read value is less than 2.7 μ A.

● How to measure the current consumption for the CIRCUIT BLOCK alone

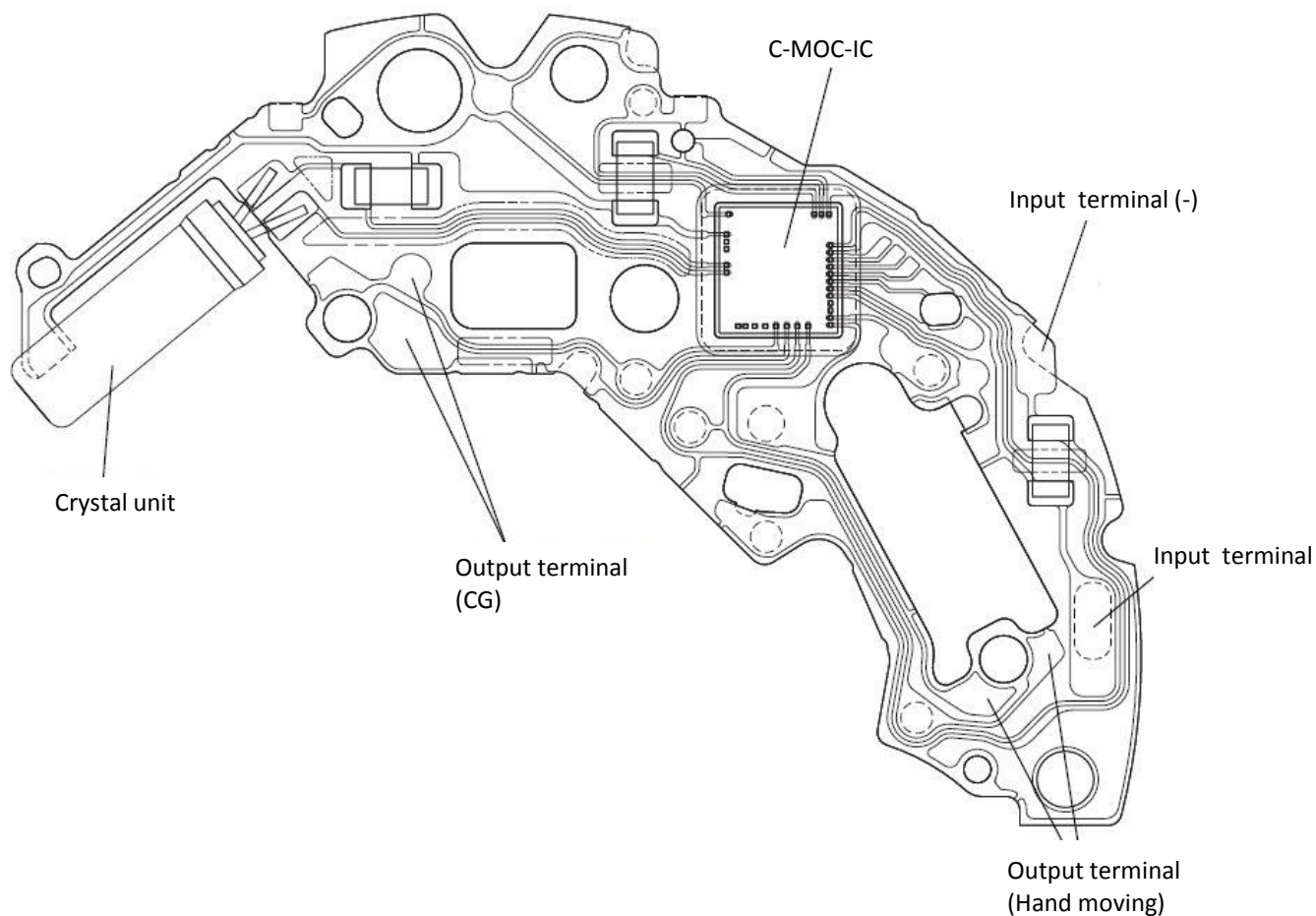
1. To measure the current consumption for the CIRCUIT BLOCK alone, connect each probe to the appropriate positive (+) or negative (-) input terminal of the CIRCUIT BLOCK (please refer to "Structure of the CIRCUIT BLOCK").

* When measuring the current consumption using the SEIKO Multi-Tester S-860, use the range of 4 μ A of SUPPLY V (= 1.55 V) & GATE TIME (2 S).



2. Repeat the same procedures as 2. and 3. of measuring current consumption for the whole movement above.
- * When measuring the current consumption for the circuit block alone, be careful not to damage or deform the pattern of the circuit block.
3. Make sure the read value is less than 0.7 μ A.

[STRUCTURE OF THE CIRCUIT BLOCK]

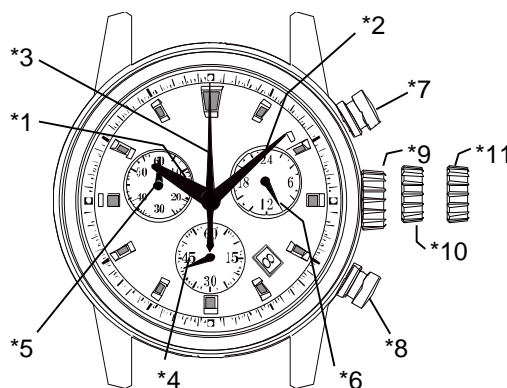


● Value checking -coil resistance (coil block)

Check the resistance of each coil block if they are within the range in the following table.

COIL BLOCK (A)	4002054	1.45 - 1.65K Ω
COIL BLOCK (B)	4002055	1.65 - 1.85K Ω

DISPLAY AND CROWN / BUTTON OPERATION



Note

*1: Hour hand	*6: 24 hour hand	*11: Crown at second position (Time setting)
*2: Minute hand	*7: Button A (START / STOP)	
*3: Chronograph second hand	*8: Button B (RESET)	
*4: Small second hand	*9: Crown at normal position	
*5: Chronograph minute hand (60 minute)	*10: Crown at first position (Date setting)	

1.How to set the time

- 1) Pull out the crown to the second click position.
- 2) Turn the crown to set hour and minute hands.
(Check that AM / PM is set correctly.)
- 3) Push the crown back into the normal position.

[Note]

If the crown is pulled to the second position while the chronograph is started, the chronograph hands will continue to move. This is not a malfunction.

2.How to set the date

- 1) Pull out the crown to the first click position.
- 2) Turn the crown clockwise for date setting.
*Do not set the date between 9:00 P.M. and 3:00 A.M. as this will cause a malfunction.
- 3) Push the crown back into the normal position.

3.How to reset (after battery change)

It is possible to reset by the following two methods.

- Method 1 {
- 1) Set the crown to the normal position.
 - 2) Touch the AC terminal of circuit block and the switch spring with conductive tweezers to reset the circuit.
 - 3) The small second hand will move at two-second interval for 10 seconds.
- Method 2 {
- 1) Pull out the crown to the second click position.
 - 2) Press the button B for two seconds and release the button.
 - 3) Push the crown back to the normal position.
 - 4) The small second hand will move at two-second interval for 10 seconds.

* If the crown is operated within this 10 seconds, the two-second interval movement will not activate.

[Note]

It is not necessary to set the chronograph hands after the battery is exchanged.

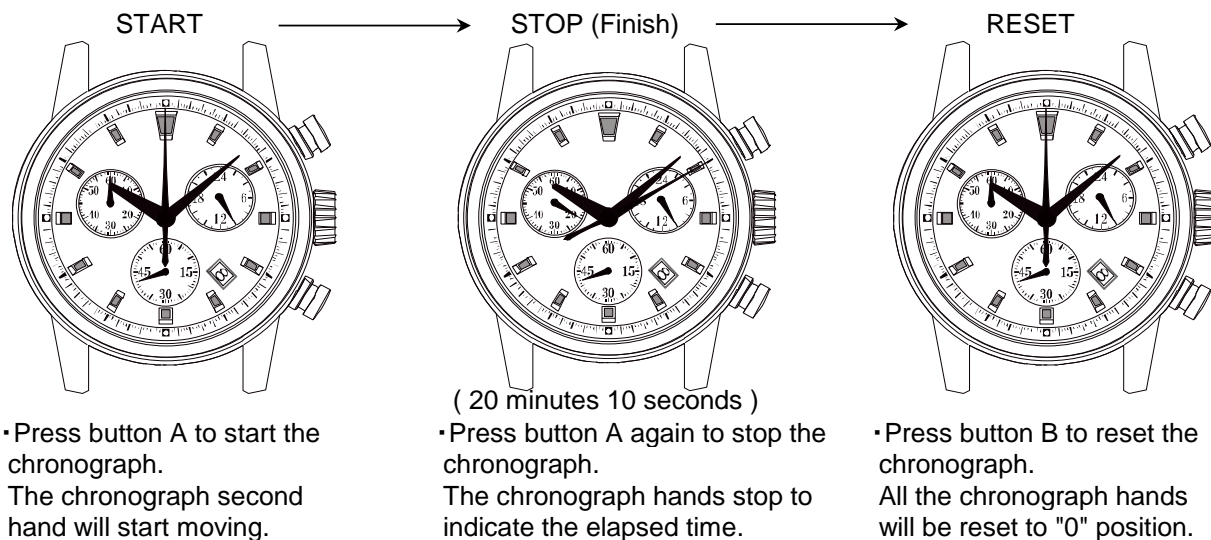
If the chronograph hands position are incorrect, following below procedure all the chronograph hands will be reset to "0" position.



HOW TO USE THE CHRONOGRAPH

[Standard measurement]

Press the buttons in the following order : A → A → B



Note

The chronograph can measure up to 60 minutes.
The chronograph stops after a measurement for 60 minutes.

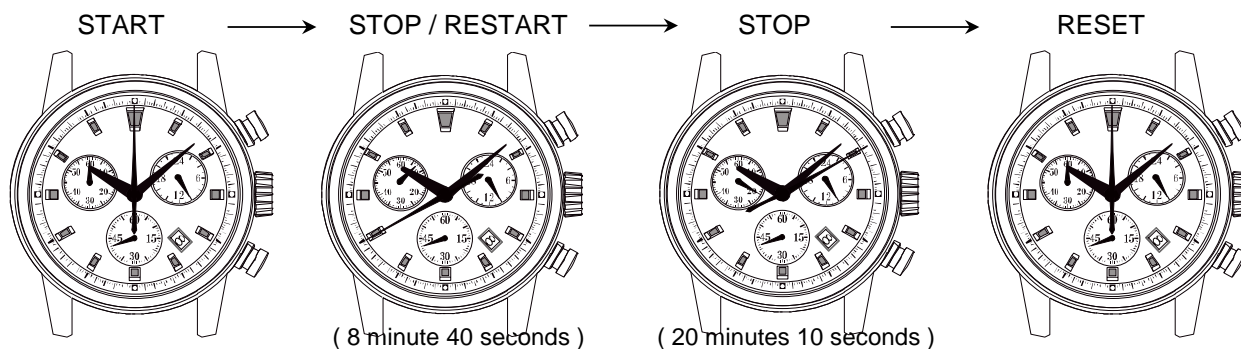
*Restart in the following procedure.



*During the chronograph operation, button B (reset) can be pushed. There is no problem with the function.

[Accumulated elapsed time measurement]

Press the buttons in the following order : A → A / A ... → A → B



*Restart and stop of the chronograph can be repeated as many times as necessary by pressing button A

TECHNICAL GUIDE

8T68A

●Water resistance test

Check the water resistance according to the designated specification of the watch

Marking on the case back	Test method	Applied pressure
WATER RESISTANT(WATER RESIST)	Air leak test	3 BAR
WATER RESIST 5BAR	Water pressure test	5 BAR
WATER RESIST 10BAR		10 BAR
WATER RESIST 15BAR		15 BAR
WATER RESIST 20BAR		20 BAR
SCUBA DIVERIS (AIR DIVERIS) 150 m	Condensation test	$18.75 \text{ BAR} = 150(\text{m}) \times 0.125$
SCUBA DIVERIS (AIR DIVERIS) 200 m	Water pressure test	$25 \text{ BAR} = 200(\text{m}) \times 0.125$
He-GAS DIVERIS 300 m		$37.5 \text{ BAR} = 300(\text{m}) \times 0.125$
He-GAS DIVERIS 600 m		$75 \text{ BAR} = 600(\text{m}) \times 0.125$
He-GAS DIVERIS 1000m		$125 \text{ BAR} = 1000(\text{m}) \times 0.125$

TROUBLESHOOTING

	Symptom	Possible causes	Solutions
Movement	The watch stops operating.	The battery has been depleted.	Measure the battery voltage. Replace the battery with a new one.
		The hour wheel and the pinion of the minute wheel are not properly engaged. (Or the teeth of the hour wheel and/or minute wheel have been broken.)	Check the relevant parts, and replace the damaged parts with new ones.
		The hooking portions of the circuit block cover are not properly engaged, resulting in poor conductivity.	Securely attach the hooks of the circuit block cover to the main plate.
		The coil is broken.	Measure the coil block resistance. Replace the coil with a new one.
		One or more wheels have been contaminated with dirt, dust or other particles. An excessive amount of oil in the movement has caused adhesive forces among the parts. (wringing)	Remove dirt or dust and clean the contaminated wheels. Be careful so as not to damage the teeth of the plastic parts while cleaning.
	The current consumption for the whole movement exceeds the standard value.	Dirt, dust or foreign particles are adhered to the movement. The driving pulse is generated in order to compensate the excessive load applied to the wheels. (The oil has deteriorated, leaked or run out.)	Remove dirt, dust or foreign particles and clean the movement. If the current consumption for the circuit block alone is within the standard value range, overhaul and clean the movement parts, and then make the measurement again.
	The current consumption for the circuit block alone exceeds the standard value.	The light from outside the movement is affecting the measurement.	Shut out the light, and make the measurement again.
		There is a defect in the IC (integrated circuit) .	Replace the circuit block with a new one.

TROUBLESHOOTING

	Symptom	Possible causes	Solutions
STOPWATCH	One or more STOPWATCH hands have stopped moving or show an abnormal movement.	The relevant coil is broken.	Measure the coil block resistance. Replace the coil with a new one if necessary.
		An excessive load is being applied to the chronograph wheels due to dust or foreign particles adhering to them or oil starvation.	Clean the relevant parts and lubricate with an adequate amount of oil.
	The step motor shows an abnormal movement.	There is a crack on the circuit block switch pattern.	Replace the circuit block with a new one.
		The step motor has been deformed.	Replace the stator with a new one.
	The buttons do not operate normally.	The amount of oil around the buttons is insufficient.	Clean the buttons and lubricate appropriately.
		The circuit block pattern has been broken or bent.	Adjust the circuit block pattern or replace the circuit block with a new one.
Exterior Parts	The crown falls off.	The winding stem is not securely installed. (The setting lever and yoke are disengaged.)	Check the main plate, winding stem, setting lever and yoke. Replace the defective parts with new ones.
	The current consumption exceeds the standard value.	An excessive load is being applied due to friction among the hour, minute and STOPWATCH hands.	Adjust or remount the relevant hands.
	Small amount of water/blur inside of the glass persists.	Water resistance is deteriorated. The watch has been subjected to water pressure that exceeds the guaranteed degree.	Investigate the causes to take necessary measures, while cleaning inside of the watch.